

Served 12 - 3pm



Spring/summer
2024

STARTERS + SMALL PLATES

HARISSA HOUMOUS,

ROASTED VEGETABLES & TURKISH BREAD
(VG/GFO) 10.95

SALT & PEPPER SQUID,

ASIAN SALAD, SWEET CHILLI DIPPING SAUCE
10

POTTED PRAWNS & CRAYFISH

WITH CLARIFIED BUTTER, LEMON,
BROWN BREAD & SALTED CORNISH BUTTER
(GFO) 12

ARTISAN BREADS,

OLIVE OIL & BALSAMIC, DUKKHA
(VG) 9.5

CRISPY TOFU, KOREAN BBQ SAUCE,

ASIAN SALAD, CHILLI & SESAME 9.95
(VG)

MAIN COURSE

CORNISH CRAB MAC & CHEESE,

TOPPED WITH FLAKED WHITE CRAB & PANGRITATA
SERVED WITH A MIXED LEAF SALAD
22

BEER BATTERED LOCAL FISH,

CHIPS, MINTED PEA PUREE & TARTAR SAUCE
(GF|DFO) 19.5

SUPER SALAD,

SWEET POTATO, TENDER STEM BROCCOLI, QUINOA,
LOCAL LEAVES, GOJI BERRIES, TOASTED SEEDS,
MAPLE & COCONUT DRESSING (VG|GF) 15.95
ADD CRISPED TOFU 3.5

ORZO RISOTTO,

MUSHROOMS, GARDEN PEAS,
TARRAGON & TRUFFLE OIL, SHALLOT RINGS,
PEA SHOOTS & VG PARMESAN
(VG) 18.95

BUTTERMILK CHICKEN BURGER

RED LEISTER CHEESE, SPICED BBQ SAUCE,
PICKLED SLAW & RANCH DRESSING,
SERVED W/ A HANDFUL OF CHIPS
18.5

SIDES

HOUSE SIDE SALAD
(GF|VG) 5.5

BROCCOLI, SESAME,
SOY, GINGER & CHLILI
(GF|VG) 6

CHIPS & AIOLI
(GF|VG) 5

CHIPS WITH TRUFFLE OIL,
PARMESAN & AIOLI
(GF) 6.95

DESSERTS

CHOCOLATE ORANGE POT,

PISTACHIO BRITTLE, RASPBERRY SORBET
& BRANDY SNAP (GFO)
9.5

LEMON POSSET,

RHUBARB COMPOTE & SHORTBREAD
8.5

LOCAL STRAWBERRY & GREEN BASIL PAVLOVA,

VANILLA BEAN CHANTILLY & BASIL SHERBET (GF)
8.95

AFFOGATTO,

MOOMAID VANILLA ICE CREAM,
DOUBLE ESPRESSO SHOT & HOMEMADE SHORTBREAD 7.95
ADD AMARETTO 2.5

WHITE WINES

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| CA DI PONTI GRILLO, ITALY. EASY DRINKING WITH LOTS OF PEACHY FRUIT | 175ML 250ML BOT |
| VIOGNIER, SOUTH OF FRANCE, LOVELY PERFUME AND RICHNESS, FRESH AND LIVELY TOO | 5.95 8.20 24.00 |
| WHALE WATCHER, NEW ZEALAND. A FANTASTIC SAUVIGNON, FRESH & LIVELY | 6.80 9.70 29.00 |
| LA BATTISTINA GAVI, ITALY. WONDERFUL WITH FOOD. RICH FRUITS & AN ELEGANT FINISH | 8.20 11.70 35.00 |
| PROSECCO SERENELLO, ITALY. SUPER FRUITY, CRISP, EASY DRINKING STYLE. LOVELY BUBBLES | 8.60 12.30 37.00 |
| CHAMPAGNE LOUIS FOLLÈA, COTE DES BAR, FRANCE. DELICIOUS BUBBLES & A LOVELY BREADY NOTE | GLASS 6.95 28.50 55.00 |

ROSE

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| DOM DE LA VIELLE TOUR PROVENCE, ROSE. A PROPER PROVENCE ROSE, TANGY, DRY & ELEGANT | 8.75 11.60 35.00 |
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RED WINES

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| EL NINOT DE PAPER, SPAIN. A SOFT BLEND, FRUITY & EASY TO DRINK | 5.75 7.95 23.00 |
| MERLOT, CAMINO DE LA CABANA, CHILE. SMOOTH, FULL BODIED & PLUMMY | 5.95 8.75 25.00 |
| PINOT NOIR, LE FOU, FRANCE. ELEGANT, LIGHT & JUICY RED | 6.95 9.70 29.00 |
| NEGROAMARO, PUGLIA. ITALY. DARK & SWEETLY FRUITED, DAMSON CHARACTER & TOUCH OF OAK | 8.90 12.70 38.00 |

ALL WINES AVAILABLE IN 125ML MEASURES

SOFT DRINKS

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| FROBISHERS ORANGE JUICE | 4 |
| FENTIMANS GINGER BEER | 3.95 |
| COKE DIET COKE | 3.95 |
| FROBISHERS APPLE JUICE | 4 |
| POLGOON LEMONADE | 4.45 |
| POLGOON ELDERFLOWER FIZZ | 4.45 |
| VIRGIN MARY; SPICED TOMATO JUICE | 4.75 |
| SPARKLING OR STILL WATER SML LRG | 2.95 4 |
| FEVERTREE TONIC | 2.95 |
| MILKSHAKE W/CREAM | 4.85 |
| (BANANA STRAWBERRY CHOC VANILLA) | |

Gin & tonics

(25ML) 8.95

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| TARQUIN'S BLACKBERRY & HONEY GIN, ROSEMARY, BERRIES & FEVERTREE ORIGINAL TONIC |
| TARQUIN'S ORIGINAL GIN, SQUEEZED LIME & FEVERTREE TONIC |
| TARQUIN'S RHUBARB & RASPBERRY GIN, LEMON WEDGE, THYME & MEDITERRANEAN TONIC |
| SEEDLIP GROVE 42 NON ALCOHOLIC GIN, LEMON WEDGE & FEVERTREE MEDITERRANEAN TONIC |
| HENDRICKS GIN FINISHED WITH FEVERTREE TONIC & CUCUMBER |

BOTTLED BEER

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| DOOM BAR 500ML | 5.95 |
| KOREV 500ML | 6.95 |
| PORTH PILSNER, ST IVES 500ML | 6.95 |
| HELLA IPA, ST IVES BREWERY 500ML | 6.95 |
| PERONI NASTRO AZZURO 330ML | 4.95 |
| BIRRA MORETTI ZERO ALCOHOL 330ML | 4.95 |
| POLGOON BERRY CIDER 500ML | 7.50 |
| POLGOON ORIGINAL CIDER 500ML | 6.95 |

HOT DRINKS

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| AMERICANO | 3.40 |
| CAPPUCCINO | 3.65 |
| DOUBLE ESPRESSO | 2.90 |
| LATTE | 3.65 |
| DOUBLE MACCHIATO | 3.15 |
| FLAT WHITE | 3.55 |
| MOCHA | 4.00 |
| HOT CHOCOLATE | 3.95 |
| DELUXE HOT CHOCOLATE | 4.60 |
| POT OF TEA | 2.95 |
| SWAP COWS MILK TO COCONUT OR OATLY | 0.35 |

Cocktails

APEROL SPRITZ 10.5

APEROL, TOPPED WITH CHILLED PROSECCO, A SPLASH OF SODA & ORANGE SLICE

MIMOSA 6.95

FRESH ORANGE JUICE TOPPED WITH CHILLED PROSECCO

PIMMS NO1 8.95

TOPPED WITH LEMONADE, FINISHED WITH SUMMER FRUITS & MINT

ESPRESSO MARTINI 10.5

DOUBLE ESPRESSO, ABSOLUTE VODKA & KAHLUA, SHAKEN OVER ICE & STRAINED -

DECAF AVAILABLE

(MAKE IT CHAI OR SALTED CARAMEL - ADD 75P)

NEGRONI 11

BLACK & GOLD'S BLOOD ORANGE GIN, VERMOUTH, CAMPARI SERVED ON ICE

BLOODY MARY 7.50

ABSOLUTE VODKA, SPICED TOMATO JUICE, LEMON, CELERY SALT & CRACKED PEPPER

MARGARITA 12

SILVER TEQUILA, COINTREAU, FRESHLY SQUEEZED LIME JUICE, SEA SALT RIM