

LUNCH SERVED 12-3PM

SUMMER - AUTUMN 2026



Key;
V = VEGETARIAN, VG = VEGAN
GF = GLUTEN FREE, DF = DAIRY FREE
GFO = GLUTEN FREE OPTION AVAILABLE
DFO = DAIRY FREE OPTION AVAILABLE
VGO = VEGAN OPTION AVAILABLE
NFO - NUT FREE OPTION AVAILABLE
N - CONTAINS NUTS
PLEASE ADVISE US WHEN YOU ORDER IF YOU
HAVE ANY DIETARY REQUIREMENTS

STARTERS + SMALL PLATES

WARM FOCACCIA BREADS

MEDITERRANEAN STYLE DIPPING OIL (VG) 8.5

HERITAGE TOMATO & BURRATA SALAD,

GARDEN HERB & PUMPKIN SEED PESTO (GF|V) 14.95

STICKY PORK BELLY BITES,

CAROLINA SLAW, SPICED BBQ SAUCE (GF|DF) 14.95

MIXED OLIVES (VG|GF) 5

MOUNTS BAY SARDINES,

CELERIAC REMOULADE, SAUCE VIERGE (GF) 13.5

TK HUMMUS,

BLACK OLIVE, RED ONION, CUCUMBER &
POMEGRANITE, W/ WARM PITTA (VG|GFO) 13.5

MAIN COURSES

CHAR-GRILLED TREVASKIS FARM BAVETTE STEAK,

CHIMICHURRI SAUCE, KOFFMANN CHIPS,
PARMESAN & MIXED LEAF SALAD (GF/DFO) 24

ROASTED BUTTERNUT SQUASH & SAGE ORZO

RISOTTO,

TOASTED PUMPKIN SEEDS, PARSNIP CRISPS &
SALSA VERDE, PARMESAN (V|VGO UPON
REQUEST) 18.5

CORNISH DRESSED CRAB,

MIXED WHITE & BROWN CRAB MEAT
SERVED IN ITS SHELL WITH CHIPS, AIOLI &
SUMMER GARDEN SALAD (GF|DFO) 35

SUMMER COBB SALAD BOWL,

BURNT CORN, GUACAMOLE, ROASTED VEGETABLES, PEARL
PEPPERS, QUINOA, ORANGE, MAPLE & MUSTARD DRESSING
(GF|VG) 18
ADD CRISPY TOFU (VG|GF) 4

BEER BATTERED CORNISH FISH,

MINTED CRUSHED PEAS, KOFFMAN CHIPS,
TARTAR SAUCE & LEMON (GF|DFO) 21

**PLEASE SEE OUR SPECIALS BOARD
FOR DAILY FISH SPECIALS**

SIDES

CHIPS & AIOLI (GF|VGO) 5.5

TRUFFLE CHIPS

W/ TRUFFLE OIL, PARMESAN & AIOLI (GF|V) 7.5

GARDEN SALAD, ORANGE, MAPLE & MUSTARD DRESSING
(GF|VG) 6

SUMMER GREENS, GARLIC & LEMON DRESSING (VG) 6.8

TREMENHEERE KITCHEN DOES NOT OPERATE IN AN ALLERGEN-FREE ENVIRONMENT. WE HAVE PRECAUTIONS IN PLACE TO ENSURE
WE AVOID AS MUCH CROSS-CONTAMINATION AS WE CAN,
HOWEVER WE CAN'T 100% GUARANTEE DUE TO OUR SUPPLIERS AND THE ENVIRONMENT THEIR PRODUCE IS MADE IN.